

CONFERENCE PROGRAMME / DAY 1 / MONDAY 3RD OCTOBER 2022

0800	Registration desk open	
0800	Trade Exhibition open	
0850 – 0910	Powhiri & Kapa Haka	Fairfield Intermediate Kapa Haka
0910 - 0925	Welcome & Housekeeping	
0925 - 1030	Keynote: Soft, Strong, Unshakeable Helping Leaders, Teams & Youth elevate their Social & Emotional Intelligence	Mary-Anne Murphy Educated, experienced, research-based lover of learning - Author, Speaker, National facilitator & Director at Momentum Learning
1030 – 1050	Morning Tea	
1050 - 1115	Youth Health An overview of Youth Health in New Zealand - How do we measure up?	Dr Terryann Clark Cure Kids Chair Professor of Child & Adolescent Mental Health - University of Auckland School of Nursing
1115 - 1200	Communication Whether you are trying to improve communication with your patients, team or family, learning these skills can deepen your connections to others, build greater trust and respect, and improve teamwork, problem solving, and your overall social and emotional health.	Sharlene Woolston Specialist in Comms & Culture / Registered Nurse / National Facilitator and Speaker
1200 - 1220	Networking A fun and interactive opportunity to meet your fellow attendees before breaking for lunch.	Sharlene Woolston Specialist in Comms & Culture / Registered Nurse / National Facilitator and Speaker.
1220 – 1255	Lunch	
1300 - 1430	An afternoon on the couch: Tabling the issues facing our youth, an opportunity to discuss, and look at how best to implement best practice: <ul style="list-style-type: none"> • Students with high health needs • Teen parents • The impact of suicide 	Facilitated by our fabulous MC, this Oprah style interview of panellists will give you the perspectives from those that have experienced health challenges, right through to expert opinions which can guide and challenge our clinical practice.
1430 - 1445	Group Activity - reflect & refresh	
1445 - 1505	Afternoon Tea	
1505 - 1545	Compassion Fatigue Who looks after the carers? Developing resilience and putting our wellbeing at the forefront.	Kathy Shaw Registered Nurse / Life Coaching & Professional Supervision
1545 - 1550	Transition time	
1550 - 1630 Select A or B	A: Community Nurse Prescribing Nursing our way into the future: Making healthcare culturally responsive, accessible & equitable	Ngaira Signal Nurse Lead Pinnacle / Midlands Lin Marriot Workforce & Education Manager Waikato DHB
1550 - 1630 Select A or B	B: Asthma Educational session on understanding the adolescent and adult guidelines for management of Asthma and best practice for Youth Nurses	Sue Jones Astra Zeneca
1630 - 1635	Transition Time	
1635 - 1645	Wrap up of Day one	

Evening Networking 1645 - 1930

Join us and your fellow delegates for an evening of music, a guest speaker, networking, canapes & refreshments. Tickets are **included** in the one and two day registrations, or additional tickets may be purchased for those just wishing to attend the evening.

CONFERENCE PROGRAMME / DAY 2 / TUESDAY 4TH OCTOBER 2022

0800	Registration desk open	
0800	Trade Exhibition open	
0845 - 0855	Welcome & Housekeeping	
0855 - 0945	Keynote Pat's story is a no-holds-barred, fast-paced, tough address and it's changing lives. Following his own addiction and brush with death, Pat has changed his life around and now educates, equips and empowers people with the tools and skills they need to make informed choices - for life.	Pat Buckley Founder of Amped 4 Life Providing meaningful solutions for substance abuse and addiction.
0945 - 1035	How to prepare students for a world where alcohol & other drugs exist. How education & health can work together to get better outcomes for our young.	Dr Annabel Prescott Learning & Development Director NZ Drug & Alcohol Foundation
1035 - 1055	Morning Tea	
1055 - 1135 Select A or B	A Te Puumanawa o Whitiara Primary School A central city Kura educating & supporting a transient population of Tamariki & their whanau, throughout the Covid Pandemic and beyond. Programme leaders will share the challenges and the positive impact their programme has had.	Te Haumoana Principal / Tumuaki David Clarke Social Worker Whitiara Primary School
	B Sexual Health Educational session on the role of family planning, contraceptive update, resources and courses available to support this working in youth health.	Joy Pitcaithly Registered Nurse Julia Drury Health Promoter Family Planning
1135 - 1140	Transition Time	
1140 - 1220	Eating Disorders Hear from the team at EDANZ who are often parents of youth that are currently or have previously experienced eating disorders. They will present up to date information regarding eating disorders and evidence-based treatment currently available in New Zealand.	Nicki Wilson Eating disorders association of NZ - Auckland
1220 - 1310	Lunch	
1310 - 1400 Select A or B	A Triage & Assessment A practical and educational session on developing skills and expertise in triage and assessment, recognising red flags, and referral management.	Lynette Baines Nurse Practitioner in Emergency Medicine
	B Living in an Online world The Netsafe team have been providing NZ with support and advice for over 20 years on staying safe online will deliver an educational session on the latest trends, resources available, current campaigns and how they can help support those working in Youth Health.	Sean Lyons Netsafe
1400 - 1405	Transition Time	
1405 - 1455 Select A or B	A Concussion - the consequences & aftermath As a lead clinician in a dedicated sports concussion clinic, Stephen's interest in concussion is generated from his time involved in contact sports and has led to an education role with NZ rugby for community-based rugby & referees.	Dr Stephen Kara Sport and Exercise Medicine Registrar at Axis Sport Medicine
1405 - 1455	B HEADSS Assessment The messy reality of applying best practice in a school setting.	Melissa Davidson Pinnacle Clinical Nurse Lead of School Based Health Services Christine Cammell Professional Teaching Fellow - Paeds University of Auckland
1455 - 1520	Afternoon Tea	
1520 - 1615	Keynote: What is your why? Emotionally touching, powerful & thought provoking. Listen to Tusha's passion, heart and drive. You will leave this session feeling nothing less than inspired.	Tusha Penny First Maori female District Commander of NZ Police. Powerful advocate for our vulnerable, and Mum to two teenagers.
1615-1630	Looking ahead	
1630	Conference Closes Karakia	

*Programme subject to change

** Concurrent sessions shared with online audience are marked as "A"