

## 2021 CONFERENCE PROGRAMME | DAY 1 | MONDAY 4<sup>TH</sup> OCTOBER 2021

0800	Registration desk open	
0800	Trade Exhibition open	
0850 – 0915	Powhiri	<b>Tame Pokaia</b>
0915 - 0925	Welcome & Housekeeping	<b>MC – Sharlene Woolston</b>
0925 - 1030	<b>Keynote: Soft, Strong, Unshakeable:</b> Helping Leaders, Teams & Youth elevate their Social & Emotional Intelligence	<b>Mary-Anne Murphy</b> Educated, experienced, research-based lover of learning - Author, Speaker, National facilitator & Director at Momentum Learning
1030 – 1050	Morning Tea	
1050 - 1115	<b>Ministry of Youth Development</b> What is the role of the Ministry of Youth? Learn about and understand some of the relevant projects they are working on with regards to bullying, gender identity and the partnerships with entities such as Embrace and Youthline.	<b>Shanara Yuaupiki</b> Regional Relationships Manager Ministry of Youth Development
1115 - 1200	<b>Communication</b> Whether you are trying to improve communication with your patients, team or family, learning these skills can deepen your connections to others, build greater trust and respect, and improve teamwork, problem solving, and your overall social and emotional health.	<b>Sharlene Woolston</b> Specialist in Comms & Culture / Registered Nurse National Facilitator and Speaker
1200 - 1220	<b>Networking</b> A fun and interactive opportunity to meet your fellow attendees before breaking for lunch.	<b>Sharlene Woolston</b> Specialist in Comms & Culture / Registered Nurse National Facilitator and Speaker.
1220 – 1255	Lunch	
1300 - 1430	<b>An afternoon on the couch:</b> Tabling the issues facing our youth, an opportunity to discuss, and look at how best to implement best practice: <ul style="list-style-type: none"> <li>• Students with high health needs</li> <li>• Teen parents</li> <li>• The impact of a suicide attempt</li> </ul>	Facilitated by our fabulous MC, this Oprah style interview of panellists will give you the perspectives from those that have experienced health challenges, right through to expert opinions which can guide and challenge our clinical practice.
1430 - 1445	<b>Group Activity</b>	
1445 - 1505	Afternoon Tea	
1505 - 1545 Select A or B	<b>A: Community Nurse Prescribing</b> Nursing our way into the future: Making healthcare culturally responsive, accessible & equitable	<b>Hilde Mullins</b> Nurse Lead Pinnacle / Midlands <b>Lin Marriot</b> Workforce & Education Manager Waikato DHB
1505 - 1545	<b>B: Concussion - the consequences &amp; aftermath</b> As a lead clinician in a dedicated sports concussion clinic, Stephen's interest in concussion is generated from his time involved in contact sports and has led to an education role with NZ rugby for community-based rugby & referees.	<b>Dr Stephen Kara</b> Sport and Exercise Medicine Registrar at Axis Sport Medicine MBChB, FRNZCGP, Dip Sports Med, Dip Obs, MPhil (Hons)
1545 - 1625	<b>Suicide prevention &amp; wellbeing</b> Suicide prevention is everybody's responsibility. Everyone can have a role in promoting wellbeing, minimising harm and assisting those in crisis.	<b>Claire Simcock</b> Suicide Prevention & Postvention Coordinator, Waikato DHB. Co-presenting with ICAMHS
1625 - 1635	Closing of Day 1	<b>MC</b>

1645 - 1915 ~ Join us and your fellow delegates for an evening of networking, canapes & refreshments. Tickets are included in the one and two day registrations or additional tickets may be purchased



## 2021 CONFERENCE PROGRAMME | DAY 2 | TUESDAY 5<sup>TH</sup> OCTOBER 2021

0800	Registration desk open	
0800	Trade Exhibition open	
0845 - 0855	Welcome & Housekeeping	
0855 - 0955	<b>Keynote</b> Pat's story is a no-holds-barred, fast-paced, tough address and it's changing lives. Following his own addiction, brush with death and stint in jail, Pat has changed his life around and now educates, equips and empowers people with the tools and skills they need to make informed choices - for life.	<b>Pat Buckley</b> Founder of Amped 4 Life Providing meaningful solutions for substance abuse and addiction.
0955 - 1035	<b>Maori Health</b>	<b>Dr Meihana Durie</b>
1035 - 1055	Morning Tea	
1055 – 1135 Select A or B	<b>A Eating Disorders</b> Hear from the team at EDANZ who are often parents of youth that are currently or have previously experienced eating disorders. They will present up to date information regarding eating disorders and evidence-based treatment currently available in New Zealand.	<b>EDANZ</b> Eating disorders association of NZ - Auckland
	<b>B Family Planning</b> The team from family planning will present an educational session on the role of Family planning, current trends, resources, and courses available to help support those working in Youth Health.	<b>Julia Drury</b> Health Promoter Family Planning
1135 – 1215 Select A or B	<b>A Living in an Online world</b> The Netsafe team have been providing NZ with support and advice for over 20 years on staying safe online will deliver an educational session on the latest trends, resources available, current campaigns and how they can help support those working in Youth Health.	<b>Netsafe</b> <a href="http://www.netsafe.org.nz">www.netsafe.org.nz</a>
	<b>B Compassion Fatigue</b> Who looks after the carers? Developing resilience and putting Nurse wellbeing at the forefront.	<b>Kathy Shaw</b> Registered Nurse / Life Coaching & Professional Supervision
1215 – 1255	Lunch	
1300 – 1355 Select A, B or C	<b>A Triage &amp; Assessment</b> A practical and educational session on developing skills and expertise in triage and assessment, recognising red flags, and referral management.	<b>Lynette Baines</b> Nurse Practitioner in Emergency Medicine
	<b>B HEADDSSS Assessment</b> HEADDSSS is a screening tool to assess risks that can be used for all adolescents.	<b>Melissa Davidson</b> Pinnacle Clinical Nurse Lead of School Based Health Services
	<b>C Wound Care (Topic TBC)</b>	TBC
1400 – 1455 Select D, E or F	<b>D Video Game Addiction</b> An informative and educational session on the rise of gaming addictions and the detrimental impact on Youth Health today, gain an understanding of how this affects Mood, productivity and sleep.	<b>Caleb Putt</b> Social Worker & Nationally recognized leader in Youth AOD / CEP sector
	<b>E Asthma</b> Educational session on understanding the recently released 2020 Adolescent and Adult guidelines for management of Asthma and best practise for school nurses.	<b>Lee Carruthers</b> Registered Nurse / Asthma Educator Astra Zeneca
	<b>F ENT Assessment (Topic TBC)</b>	TBC
1455 - 1515	Afternoon Tea	
1515 - 1615	<b>Keynote: What is your why?</b> Emotionally touching, powerful & thought provoking. Listen to Tusha's passion, heart and drive. You will leave this session feeling nothing less than inspired.	<b>Tusha Penny</b> First Maori female District Commander of NZ Police. Powerful advocate for our vulnerable, and Mum to two teenagers.
1615-1630	Looking ahead to 2022	
1630	Conference Closes	



a seat at the table  
working together for youth health

WINTEC, KIRIKIRIROA, HAMILTON 4 - 5 OCTOBER 2021



Where Nurturing Matters